

SKI TRIP CHECKLIST

Clothing:

Item	Quantity	Check (Before trip)	Check (After trip)
Goggles		✓	✓
Sunglasses		✓	✓
Neck gaiter (optional)		✓	✓
Thermals (optional)		✓	✓
Hoody/Jumper		✓	✓
Beanie/Woolly hat		✓	✓
Salopettes		✓	✓
Ski Jacket		✓	✓
Ski Gloves		✓	✓
Ski Socks		✓	✓
Trousers/Jeans/Tracksuit bottoms		✓	✓
T-shirts		✓	✓
Underwear		✓	✓
Socks		✓	✓
Suitable footwear		✓	✓

Accessories:

- Passport
- Sun cream
- Lip balm
- Mobile phone/iPad charger
- US socket adapter
- Prescription medicine (Inhalers etc)
- Toiletries - Shampoo, Shower Gel/Soap, Anti-perspirant (roll-on preferred as aerosol can set off the fire alarm), Tooth paste and brush
- Playing cards/Book
- Spending money (in currency of location)